

Hannah Oken-Berg, Carleton

Week of: 2008-03-03



Carleton College junior forward **Hannah Oken-Berg** (Portland, Ore./Lincoln) led her team to the championship of the MIAC Playoffs. She averaged 19.7 points and 6.7 rebounds as the fourth-seeded Knights defeated No. 5 Concordia 62-61, No. 1 Saint Benedict 64-60 and No. 2 St. Thomas 53-50 in overtime to claim their fifth MIAC playoff title and the conference's automatic berth in the NCAA Tournament. Oken-Berg shot 66 percent from the field (25-of-38) and finished the week with 59 points and 20 rebounds.

Annegret Nautsch, Bethel

Week of: 2008-02-25



Bethel University junior center **Annegret Nautsch** (Seattle, Wash.) averaged 16.5 ppg, 18.5 rpg and 7.5 bpg and broke a 25-year old school record by becoming just the second player in team history to grab more than 300 rebounds in a season. The starting center pulled down 22 rebounds against Augsburg in the Royals' 80-60 win over the visiting Auggies, and 15 against Macalester in their 48-40 loss. Her combined 37 rebounds in the Royals last two games gave her a season total of 303, which eclipsed Karen Almeroth's former record of 302. In addition to her rebounds, Nautsch scored 33 points to put over 400 on the season (403), and blocked 15 shots to leave her one shy of 100 overall. Nautsch finished the season as the only player in the MIAC to average a double-double. Key stats for the week: 29 pts, 22 reb, 8 blks vs. Augsburg; 4 pts, 15 reb, 7 blks vs. Macalester

Jessica Katch, St. Thomas

Week of: 2008-02-18



University of St. Thomas junior forward **Jessica Katch** (Urbandale, Iowa/Dowling Catholic) averaged 19.0 ppg, 10.0 rpg, 5.0 assists and 5.0 steals and went over 500 career rebounds in leading the second-place Tommies to a pair of road wins in a 2-0 week. Katch played just 22 minutes in a 27-point win at Augsburg but made a run at a quadruple double with 15 points, nine rebounds, eight assists and six steals. In Saturday's 70-67 win at St. Catherine, Katch had 23 points, 11 rebounds and four steals. She scored nine points in a game-closing 29-14 run over the last 15:03. Katch

is the lone MIAC player to rank in the top 10 of conference stats in points, rebounds, steals, assists and blocks. In 73 career games, Katch has 860 points, 501 rebounds, 241 assists, 203 steals and 44 blocks. Stats for the Week: 16-of-35 FG, 4-7 3FG, 2-5 FT, 38 points, 20 rebounds, 10 assists, 10 steals, 3 turnovers, 2 blocks

Hannah Oken-Berg, Carleton

Week of: 2008-02-11



Carleton College junior forward **Hannah Oken-Berg** (Portland, Ore./Lincoln) led Carleton to a 3-0 week and its eighth consecutive trip to the MIAC Playoffs. She paced the Knights with 55 points and 21 rebounds (18.3 ppg, 7.0 rpg) during the week as she moved into 10th place on the school's all-time scoring list with 971 points. She began the week with a 14-point, 6-rebound effort in Carleton's 63-61 victory over Bethel. She followed by notching 20 points and a season-best 12 rebounds to record her seventh career double-double (first this season) in guiding the Knights to a 73-64 victory at St. Catherine. Oken-Berg capped her week with 21 points in only 23 minutes of action against Saint Mary's, as the Knights posted an impressive 84-41 triumph in securing a playoff berth. Stats for the week: 55 points (18.3 ppg), 21 rebounds (7.0 rpg), 21-for-33 FG (63.6%) and 13-for-17 FT (76.5%), 3 assists, 4 turnovers, 3 blocks, 1 steal

Danielle Frank, Saint Benedict

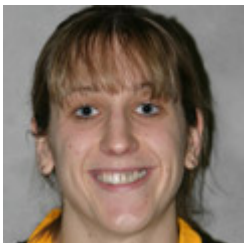
Week of: 2008-02-04



College of Saint Benedict first-year post **Danielle Frank** (Caledonia, Minn./Caledonia) averaged 15.5 ppg and 11.5 rpg as she continued her consistent play for the first-place Blazers in a pair of MIAC victories last week. In Wednesday's 73-60 home victory over Carleton, Frank scored 13 points (6-for-12 shooting), grabbed eight rebounds and blocked three shots. In Saturday's 85-65 road win at Bethel, she posted 18 points (9-for-17 shooting), added 15 rebounds (12 offensive boards), four steals and two blocks.

Jess Vadnais, Gustavus

Week of: 2008-01-28



Gustavus Adolphus College senior guard **Jess Vadnais** (Hudson, Wis.) averaged 22.7 points and 3.33 steals per game to help the Gusties finish the week a perfect 3-0, run their win streak to five and stay in the conference title race. In a key 77-73 road overtime win at Carleton, Vadnais had 23 of her 25 points in the second half. She hit two go-ahead free throws with :39 remaining in overtime to give the Gusties a 75-73 lead. Vadnais then posted 18 points and three assists as Gustavus won 72-45 against Macalester on Wednesday. She would go on to score 25 points on 8-10 shooting and 3-4 from behind the three-point line in a victory over Augsburg. In the three games, Vadnais shot 63.6 percent from the field (21-33) and 84 percent from the free throw line (21-25) and had only three turnovers. Vadnais leads the team in scoring (19.0 ppg).

Carrie Embree, St. Thomas

Week of: 2008-01-21



University of St. Thomas senior forward **Carrie Embree** (Waukee, Iowa) led the first-place Tommies to a 2-0 week with two double-doubles in close wins over Concordia-Moorhead (75-71) and St. Catherine (79-74). Embree averaged 16.0 ppg, 13.5 rpg, 3.0 apg, 3.0 spg and 2.0 bpg, and converted 13-of-26 from the field and 6-of-7 from the foul line. She has five double doubles in her last seven games and is averaging 15 ppg and 11 rpg in UST's 6-0 January start. When she has scored 16 or more points this season, the Tommies are 5-0. Embree is playing basketball for the first time in five seasons and is helping the Tommies make a run at their first top-three MIAC finish in six seasons. In her college career, Embree has played a big role on Tommie teams in softball (98-2) and basketball (9-1) with a combined 107-3 record vs. conference opponents.

Melanie Hageman, Concordia

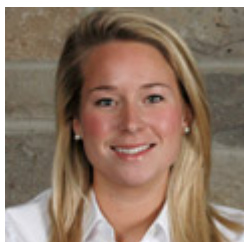
Week of: 2008-01-14



Concordia College senior post **Melanie Hageman** (Fargo, N.D./Fargo South) averaged 20.6 points and 6.6 rebounds in helping Concordia post an unblemished 3-0 conference record last week. Hageman led the Cobbers to wins over Hamline, Gustavus and Bethel -- all three of which entered their games with the Cobbers in the top half of the MIAC. Hageman, who led the Cobbers in scoring in all three games, shot 58.8% (20-for-34) from the field and 91.6% (22-for-24) from the free throw line during the week. In Concordia's 78-70 win over Hamline, Hageman had 23 points, collected four rebounds and was 7-for-10 from the field and a perfect 9-for-9 from the line. Against Gustavus in the team's 64-60 win she scored 14 points, had eight rebounds and was 3-for-6 from the floor and 8-for-9 from the line. In Saturday's 92-72 win over Bethel, she had 25 points, grabbed eight rebounds and was 10-for-18 from the field and 5-for-6 from the free throw line. With her 62 total points on the week, Hageman moved into fifth place on the school's all-time scoring list. She now has 1,376 points and moved past current Saint Mary's head coach Mandy Pearson.

Elyse Erickson, St. Olaf

Week of: 2008-01-07



St. Olaf College junior forward **Elyse Erickson** (Orono, Minn.) had a career-best 31 points, going 13-of-21 from the field, in the Oles' loss 57-54 home loss to Saint Mary's on Saturday. Her basket with 34 seconds left pulled the Oles within 54-53. She scored 31 of her team's 54 points. It was just the second 30-point performance in MIAC women's play in the last three seasons. Erickson, who is in her first season playing basketball at St. Olaf, added five rebounds. In the Oles eight games this season, Erickson has scored at least 14 points and has led the team in scoring in each. She is third in the league in scoring (18.3 ppg), sixth in field goal percentage (.541) and seventh in rebounding (7.1 rpg).

Jess Weisbrod, Saint Mary's

Week of: 2008-01-07



Saint Mary's University senior forward **Jess Weisbrod** (Rollingstone, Minn.) averaged 18.0 points and 9.5 rebounds in helping the Cardinals post their first victories of the season and kick off the 2008 portion of their season with back-to-back wins over Coe and St. Olaf last week. The senior forward posted her second straight double-double with an 18-point, 14-rebound effort in SMU's 72-62 victory over Coe --a win that snapped the Cardinals' season-opening six-game losing streak. Weisbrod followed that with another 18-point effort as the Cardinals won their second straight, beating St. Olaf 57-54 on Saturday. She added five steals vs. the Oles and had five points in the final 5:00 to help pull out a close victory. Weisbrod, who has now posted three double-doubles in SMU's eight games this season, enters Monday's home game vs. Gustavus averaging 15.8 ppg and 9.8 rpg.

Alyssa Lunde, Macalester

Week of: 2007-12-17



Macalester College sophomore forward **Alyssa Lunde** (Rochester, Minn./Mayo) finished with a game-high 21 points and grabbed six rebounds in a 60-57 overtime defeat at Wisconsin-River Falls in a non-conference game. Lunde scored a go-ahead basket with 51 seconds left and tallied three of the Scots' four points in overtime. On the game she scored 21 of Macalester's 57 points. A transfer from Cornell (Iowa) College, Lunde went 8-for-15 from the field. Lunde is averaging 11.0 points and 6.0 boards per game this season.

Ann Baltzer, Macalester

Week of: 2007-12-10



Macalester sophomore center **Ann Baltzer** (Bismarck, N.D.) averaged 17.5 points and 9.5 rebounds in a pair of MIAC wins over Saint Mary's and St. Thomas. She finished with eight points and six rebounds in Macalester's 58-45 win over the Cardinals. Baltzer then produced a career-high 27 points to go along with 13 rebounds in a 74-68 victory over the Tommies, going

10-for-17 from the field and grabbing seven offensive boards and two steals. Baltzer had six points and two rebounds in a game-closing 18-4 run over the last 6:00 that helped the Scots beat the Tommies for just the second time in the last 29 meetings. Stats for the week (2 games): 13-27 FG (.482), 9-17 FT (.529), 35 points (17.5 ppg.), 19 reb. (9.5 rpg.), 1 ast., 4 to's, 2 steals, 29.0 min./g.

Annegret Nautsch, Bethel

Week of: 2007-12-03



Bethel University junior center **Annegret Nautsch** (Seattle, Wash.) had two double-doubles and shot 70% from the field (14-of-20) as she helped Bethel get off to a 2-0 start in MIAC play. Nautsch had 20 points, 10 rebounds and two blocks in an 84-81 win over Hamline, and chipped in 18 points and 14 rebounds and one block in a 78-63 victory over St. Catherine. Nine of her 10 rebounds against the Pipers were essential to Bethel's win, as the Royals were outrebounded 55-42 and won by only three points. Nautsch is averging 22.3 ppg and 11.0 rpg in Bethel's 4-0 start.